

ELTHAM CRICKET CLUB PRE SEASON TRAINING 2009/2010

DATE	VENUE	TIME	SESSION DETAILS
SUNDAY - 16TH AUGUST	E C C	10.00AM	FIELDING & FITNESS BALL MACHINE
SUNDAY - 23TH AUGUST	E C C	10.00AM	BATTING & BOWLING
TUESDAY -25TH AUGUST	CLEVER CRICKET INDOOR	8.30PM	BATTING & BOWLING
SUNDAY -30TH AUGUST	E C C	10.00AM	FIELDING & FITNESS
WEDNESDAY - 2ND SEPTEMBER	CLEVER CRICKET INDOOR	8.30PM	BATTING & BOWLING
SUNDAY - 6TH SEPTEMBER	E C C	10.00AM	BATTING & BOWLING
WEDNESDAY - 9TH SEPTEMBER	GREENSBROUGH TEN PIN BOWLING	6.00PM	
SUNDAY - 13TH SEPTEMBER	EC C	10.00AM	FITNESS ASSESSMENT/ FIELDING
THURSDAY - 17TH SEPTEMBER	CLEVER CRICKET INDOOR	5.30PM	BATTING & BOWLING
SUNDAY - 20 TH SEPTEMBER	E C C	10.00AM	PRACTICE MATCH
TUESDAY - 22ND SEPTEMBER	CLEVER CRICKET INDOOR	6.30PM	BATTING & BOWLING
THURSDAY 24TH SEPTEMBER	E C C	4.30PM	
TUESDAY - 29TH SEPTEMBER	E C C	4.30PM	BATTING & BOWLING
THURSDAY - 1ST OCTOBER	E C C	4.30PM	FIELDING & BALL MACHINE
SATURDAY 3RD OCTOBER	ROUND 1		

NOTES:

AFL GRAND FINAL WEEKEND 26/27 SEPTEMBER NO TRAINING.

TRAINING VENUES

- * CLEVER CRICKET - 59 MERCEDES DRIVE, THOMASTOWN
- * ELTHAM CRICKET CLUB - PANTHER PLACE, ELTHAM

DRESS REQUIREMENTS FOR TRAINING

- * WHITE CRICKET SHIRT
- * CRICKET VEST OR JUMPER
- * CLUB SHORTS OR BLACK SHORTS ONLY
- * TRACHSUIT PANTS
- * JOGGING OR CRICKET RUNNERS

GREG WILSON
SENIOR COACH

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